



Open Monday-Friday 6:00am-7:00pm
Saturday 9:00am-5:00pm | Sunday Closed
Telephone: (870) 850-7620
400 East 11th Avenue

Facebook.com/pinebluffaquatics | Cityofpinebluff.com/aquatics | Email: Aquatics@cityofpinebluff.com

Pine Bluff Aquatics Center Summer 2021 Sharks Swim Club

PBAC offers a great experience for youth ages 4-18. Swimmers will learn proper techniques in Freestyle, Backstroke, Butterfly and Breaststroke.

To be part of the team, the swimmer must be able to travel 25 yards (dog paddling is ok).

*****REGISTRATION BEGINS May 3rd*****

DEADLINE TO REGISTER IS MAY 31ST

PBAC FEES FOR THE SUMMER

PBAC Members \$200 / Non Member \$225

\$150 for each additional family swimmer

Some Additional fees for championship meets

Fees Include

- **Membership with the Amateur Athletic Union (AAU)**
- **SASA Conference Meets**
- **Team T-Shirt**
- **Team Swim Cap**
- **Practices**

Practice will begin May 3rd

Every Monday, Tuesday, Wednesday & Thursday

Swimmers will be placed in various groups based on ability

MAY PRACTICE:	GOLD 5pm-6pm	JUNE & JULY PRACTICE:	GOLD 10am-12pm
	BLUE 6pm-7:30pm		BLUE 10am-12pm

Mandatory Meeting

May 24th at 9am or 6pm

For swimmers and parents/guardians

Equipment: REQUIRED EVERYDAY

- **Tight fitting goggles/swim cap**
- **Swimsuit (one piece for girls, tight fit jammers for boys)**
- **Towel**
- **Water (Hydration is important!)**
- **Great Attitude!!**

Rules:

- **Be ready to start practice **on time** with suits, goggles and equipment.**
- **Pay attention to your coaches. Allow others to pay attention too.**
- **Help your teammates!**
- **If you have a question, ask your coach.**
- **Pick up after yourself and your team. (water bottles, equipment, trash, etc.)**
- **Act accordingly: Follow ALL PBAC Rules.**
- **Have fun!**
- **Great Attitude!!**

It is very important that parents are prompt when dropping off and picking their swimmers up after practice. The coaching staff is busy coaching and not available to chaperone. As a rule, swimmers should arrive at the pool no earlier than ten minutes prior to practice and check in at the front desk.